

The 28th Annual Reds Road Race is sponsored by:

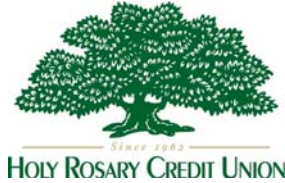


Construction Managers  
General Contractors



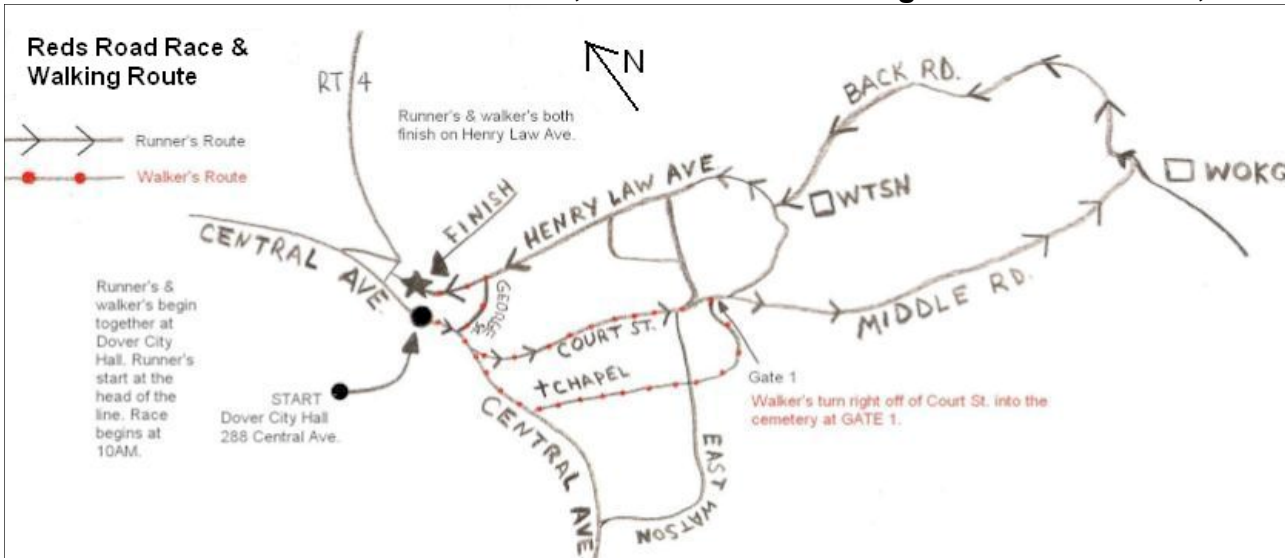
**Banknorth**  
Insurance Agency, Inc.

Northeast Delta Dental



**More Race Sponsors**

- Hannaford Food & Drug • Rehab 3 • Brooks Shoe Company
- New Balance • Pepsi (Aquafina/Gatorade) • Raiche & Company, CPAs PA
- Quizno's • Dr. Richard R. Scherf, D.M.D. • New England Mechatronics, Inc.



Reds Road Race  
PO Box 232  
Dover, NH 03821-232

# 28th Annual

Reds Road Race

5 Mile



Run (or walk!)  
for a Better Community!

**Join us!**

Sunday, April 26, 2009 at  
10:00am for the

**28th Annual  
5 Mile Reds Road Race and  
3 Mile Walking Course**

5 Mile road race Is USATF Certified  
NH#91003WN

*Special Thanks to:*  
Dover Recreation Department  
Rochester Runners Club

## WELCOME

Reds Race is a 5 mile road race and 3 mile walking course, open to anyone interested in either running or walking in this annual event. "Reds Race" was born out of the generosity of Red's Shoe Barn which introduced this race as the Red's Shoe Barn 5 Mile race 28 years ago.

Three years ago, Red's Shoe Barn turned the planning and execution of this race to five Strafford County non-profit organizations to transform this race into a fundraiser, benefiting the five non-profit organizations, with the intent to strengthen this community.

## BENEFIT

Proceeds from the race will support these Strafford County non-profit organizations:



# On-Line Registration available at

[www.redsrace.com](http://www.redsrace.com)

through April 19, 2009

Pre-race registration is Saturday, April 25th, Red's Shoe Barn from 10:00am - 1:00pm and will include:

- Early race packet pick-up
- Special prices on running shoes!
- Long sleeve **high-tech** shirts, first 200 runner pre-registrants
- Reds Race hats, first 100 walker pre-registrants
- RACE DAY RAFFLE for runners and walkers

Factory representatives will be available to answer questions.

**Awards in 12 Separate Runner Divisions**  
Male and Female Winners and Runner Up!

**~Prizes in all categories~**

First Overall Male and Female

**Age Categories:** 14 and under, 15-19, 20-29, 30-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-79, 80+

**Race Day Registration (POST)**

**Sunday, April 26, 8:00am to 9:30am at  
Dover City Hall**

**Please, no dogs day of race. Thank you!**

# Individual Entry Form



Entry Fee 5 Mile Road Race:	\$17 (POST \$20)
Under 14:	\$10 (POST \$15)
Entry Fee Walking Course:	\$10 (POST \$15)

Name: \_\_\_\_\_

Please print clearly

Male  Female  Age \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Email Address:** \_\_\_\_\_

Please print clearly

**T-Shirt Size:**  Small  Medium  Large  X-Lg

**Please read liability statement:**

In consideration for this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Red's Shoe Barn, Inc, City of Dover, Rochester Runners, Dover Rec. Dept., the non-profit agencies named, their agents, representatives, successors, for all injuries suffered by me at said event or while traveling to or returning there from.

Signature: \_\_\_\_\_

Return entry form with checks payable to **Reds Race.**

**Reds Race  
PO Box 232,  
Dover, NH 03821-0232**

**Pre-Entries postmarked no later than Saturday, April 18th**

**Contact Person: Ken Houle 603-652-9983**